

FINAL BELENKI SCISSORS RESULTS

	A	B	C	D	E	F
# 1		30%	70%			
# 2		6%	88%	6%		
# 3	6%	58%	36%			
# 4		30%	64%	6%		
# 1-4	12%	12%	35%	23%	18%	
# 5			88%	12%		
# 6		18%	82%			
# 5-6	48%	23%	6%	23%		
# 7	18%	82%				
# 8	12%	82%		6%		
# 9	18%	41%		18%		

The final results show that there is confusion in respect to the scissor handstand and the value. When the video was posted there were two correct answers # 1 a D skill Code # 4 and # 6 a D skill Code # 22. The rest of the skills and extra swing were speculation as to the difficulty. The NGJA web site now has posted a video to assist Coaches, Judges and Gymnasts in respect to the scissor handstand. (See link on this page) I wish to thank all who participated in the test. Hope in the future to post more videos for evaluation. Questions send to Russ Fystrom fystr001@umn.edu