



# COLLEGE GYMNASTICS ASSOCIATION

## BIG TEN CONFERENCE CGA WEEKLY REPORT

Dec. 6, 2010

Compiled by Jerry Wright



### UNIVERSITY OF ILLINOIS-11-21/22-10

Illinois held its annual pre-season intrasquad on Sunday and Monday and came out of it feeling very good.

Posting a combined team score of 354.50 as compared to their NCAA Team Finals score in 2010 of 354.90 and a Windy City Inv. score of 353.70, this is an exceptional early season score.

Top four in each event:

#### FLOOR EXERCISE

1. Paul Ruggeri 15.60
2. Daniel Ribeiro 14.80
3. Chad Wiest 14.70
4. Tyler Mizoguchi 14.70

Team score for FX=59.80

#### POMMEL HORSE

1. Dan Ribeiro 14.70
2. C.J. Padera 14.50
3. Chad Mason 13.60
4. Cole Smith 13.40

Team score for PH=56.20

#### RINGS

1. Anthony Sacramento 15.20
2. Tyler Mizoguchi 14.80
3. Kyle Moe 14.20
4. Cameron Rogers 14.00

Team Score for Rings=58.20

#### VAULT

1. Paul Ruggeri 16.00
2. Chad Wiest 15.90
3. Tyler Mizoguchi 15.90
4. C. J. Padera 15.80

Team score for Vault=63.60

#### PARALLEL BARS

1. Paul Ruggeri 14.50
1. Tyler Mizoguchi 14.50
1. Jordan Valdez 14.50
4. Cameron Rogers 14.30

Team score for PB=57.80

#### HORIZONTAL BAR

1. Paul Ruggeri 15.90

2. Jordan Valdez 14.40
3. Austin Phillips 14.30
4. Tyler Mizoguchi 14.30

Team score for HB=58.80

#### ALL AROUND

1. Tyler Mizoguchi 84.50
2. Cameron Rogers 82.00

### UNIVERSITY OF ILLINOIS: 12-5-10

The Illinois men and women's gymnastics teams debuted their skills at the annual Mixed Pairs Exhibition Sunday afternoon at Huff Hall. Each group of gymnasts performed their top events, combining the top three scores out of four routines to make up their team total. Celebrity judges were used and 10.0 maximum score was used for men and women.

The duo of senior Samantha Perino and red-shirt sophomore Austin Phillips won this year's Mixed Pairs title with a combined score of 29.9 after a 9.95 on high bar by Phillips and a 9.95 on floor and a perfect 10 on beam by Perino.

Phillips, who also won last year's Mixed Pairs title with Melissa Fernandez, competed for the first time since an ACL injury sidelined him for the entire 2010 season. Perino was named the squad's Most Improved Gymnast a year ago and picked up where she left off from last season.

Senior Paul Ruggeri and Lashlee Morris took second with a score of 29.85 while a pair of teams tied for third overall. Senior Chad Wiest and freshman Amber See tied with freshman Alex Varga and juniors Anthony Sacramento and Kelsey Joannides with a total of 29.8.

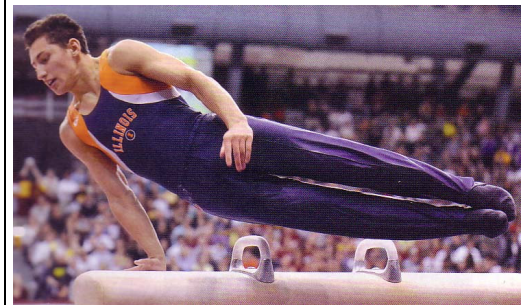
"Mixed Pairs is always a fun way to start off the season," associate head coach Justin Spring said. "It helps the freshmen get some experience competing at home and gives everyone a chance to work out the kinks in their routines. The freshmen really showed up today and without knowing what to expect, took it pretty seriously. We're looking forward to what they'll bring in a real competition."

Your reporter happened to be in attendance for this competition and would like to add the following comments: Paul Ruggeri started off the men's competition with a great HB routine, flying high on his releases and finished virtually error free. Phillips was next on PB's and although a bit rough showed great potential on high difficulty. Tyler Mizoguchi also competed on PB's and although early season rough also he showed excellent swing and very clean lines. Devin Regan showed an

excellent Kovacs on HB along with great potential to be able to supply a much needed # 3 or # 4 score. Yoshi Mori showed why he was Big Ten C0-Freshman last year with an excellent FX routine that included a 2 ½ twisting back layout dismount. C.J. Padera showed that he is ready to take the place of graduated Luke Stannard on PH with excellent lines and good amplitude.

Dan Ribeiro is of course best known for his PH work, but Illinois will need his FX score and he showed excellent difficulty with 1 ½ twisting Thomas and 2 ½ twisting back layout. Alex Varga looked like he just might be able to add another of those much needed #3--#4 scores with a very rough, but difficult FX that contained 1 ½ twisting Thomas and 2 ½ twisting back layout dismount. Ruggeri came back and looked fantastic on his FX routine which has the impossible layout Arabian double front and 1/1 twisting double back dismount. Malcolm Brown competed PH, but showed low amplitude and a fall. Cole Smith showed potential on PH. Chad Wiest looked very strong with a tucked Arabian double front. Phillips came back on HB with double/double dismount, but needs to learn to stretch out (black socks have to go).

Kyle Moe showed nice lines and excellent swing on SR. Cameron Rogers, unfortunately, showed that it was early season on SR. Padera then came back on HB and looked great-high flying releases including 1/1 twisting Kovacs. Ribeiro highlighted the spirit of the competition by performing a great PH routine in his street clothes. Chad Mason



looked quite good on PH with 360 degree Kehre and excellent amplitude on flairs. Mizoguchi finished the men's competition with a flat shoot out, but a stuck triple back dismount.



RUGGERI

Continued next page:

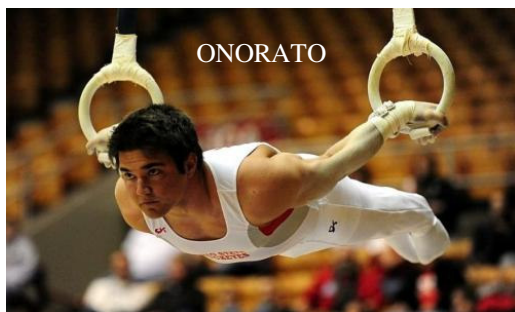


**OHIO STATE UNIVERSITY: 12-5-10**

Ohio State held its first of four exhibitions Saturday afternoon at Steelwood Training Facility to begin the preseason for the 2011 campaign. The preseason meet was one of five in Columbus for the Buckeyes in the 2011 season leading up the 2011 NCAA Championships held in St. John Arena April 14-16.

"I thought today was great," Coach Stibel said. "We got a lot of new routines, a lot of new skills and fresh faces in the gym today and just to get out there perform and feel what it's like to compete was good for us. Some guys really impressed us and today also showed us where we need to work harder, but in general, a very good day."

With returning All-Americans Brandon Wynn, Philip Onorato and Steven Spencer, the



team is full of experience as well as young talent this year.

Redshirt freshman Blaize Monks had a strong performance on floor exercise to begin the afternoon, while junior Ty Echard, a 2009 All-American, continued to show his impressive skills on pommel horse and freshman Kris Done has shown improvement with working in new skills on his routines as well as senior Sean Regan, who had strong performances on floor, rings, parallel bars and high bar.

At this varsity intrasquad, the Buckeyes competed in front of two judges and a crowd of fans at the training facility to simulate the environment at regular-season competitions. However, no scores were recorded.

**UNIVERSITY OF IOWA: 12-4-10**

In their pre-season intrasquad Iowa used FIG scoring and arrived at a team score of 332.60.

**FLOOR EXERCISE**

John Haines	13.80
Ben Ketelsen	13.30
Lance Alberhasky	13.20
Angelo Bronzino	12.80

**POMMEL HORSE**

Mike Jiang 14.20



Ketelsen	13.30
Anton Gryshayev	13.30
Bronzino	12.70

**RINGS**

Gryshayev	14.60
Matt McGrath	14.00
Haines	13.40
Alberhasky	12.70
<b>VAULT</b>	
McGrath	16.10
Gryshayev	15.50
Bronzino	15.20
Ketelsen	15.20

**PARALLEL BARS**

Javier Balboa	14.40
Jack McClay	13.70
McGrath	13.70
Broderick Shemansky	13.60

**HORIZONTAL BAR**

Jiang	13.60
Ketelsen	13.60
Balboa	13.50
Samuel Wright	13.40