



COLLEGE GYMNASTICS ASSOCIATION BIG TEN CONFERENCE CGA Weekly Report

Dec. 11, 2011
Compiled by Jerry Wright



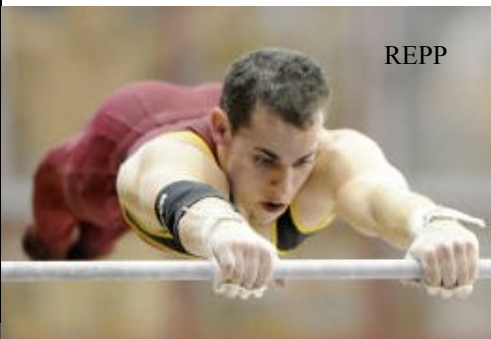
PENN STATE UNIVERSITY

Penn State University reports that they had an intrasquad meet on Dec. 2. Their NCAA team total was 349.10 and Mackenzie Dow won the all around with a score of 84.50.

Event winners were:
FX: Parker Raque and Francisco Vazquez, 14.70;
PH: Craig Hernandez, 16.00; R: Nihir Kothari, 15.50; V: Tristan Duverglas, 15.30; PB: Felix Aronovich, 14.30;



Kasamatsu with 1 ½ twists for a score of 14.8. In the Still Rings event Steffen Beck posted a 14.20, D.J. Repp was close with 13.90 with



AA: D.J. Repp-79.70
FX: Zack Chase-14.90, Adam Kern-14.90, Josh Wokurka-14.90, Adam LaFleur-14.70.
PH: Russell Dabritz-14.40, Ellis Mannon-13.90, Josh Wokurka-13.30, Repp-12.90.



Steve Jaciuk contributing a 13.80. Travis Heaver led the team here with a score of 14.70. "Travis is currently in grad school where he is studying Electrical Engineering and he is really starting to distinguish himself as a serious contender on this event," said Burns. Right behind Travis was Dabritz, posting another solid 14.30 while freshman Jack Metcalf added another solid score of 13.60.

SR: Dabritz-14.20, Travis Heaver-14.00, Steffen Beck-13.70, Chase-13.60.
V: Chase-14.90, Repp-14.80, Matt Frey-14.70, Wokurka-14.30.
PB: Dabritz-14.80, Repp-13.20, Steve Jaciuk-13.20, Ross Cameratta-12.60.
HB: Jaciuk-13.30, Wokurka-13.30, Mannon-12.90, Dabritz-12.60, Repp-12.60.
The unofficial NCAA team score was 334.00.

HB: Felix Aronovich, Tony Beck, Matt Chelberg, 14.00.

UNIVERSITY OF MINNESOTA

In the 2nd installment of the U. of Minnesota pre-season intrasquad meets the Maroon team beat the Gold team by a score of 256.70 to 254.50. Both teams posted nearly a 10 point improvement from last week's match, where the Maroon Team posted a 246.9 and Gold scored a 246.3.

"The big difference in today's team scores was the pommel horse," head coach Mike Burns said.

The Maroon team beat the Gold on the pommel horse by 2.8 points on the back of freshman phenom Ellis Mannon who swung to a personal best of 15.30.

On Floor Exercise overall the team posted identical scores of 14.8 from D.J. Repp, Josh Woiurka, Harris Coleman and Matt Frey, Kyle Banks added a 14.7 and Yoshi Morinishi finished with a 14.40.

On pommel horse, in addition to Mannon's 15.30, Russell Dabritz posted a very solid 14.20. Freshman Sean Bauer posted a 13.4 with D.J. Repp adding a 14.0.

On Vault Big Ten Champion Zack Chase continued his success by winning Vault with a score of 15.0. D.J. Repp performed a strong

On the Parallel Bars Russell Dabritz scored a 14.90 on another great routine. Donnie Carpenter, D.J. Repp and Ross Cameratta all posted identical scores of 14.0 on the event and Steve Jaciuk added a 14.1. Sophomore Matt Frey also swung a great set on parallel bars for a score of 14.60. Ellis Manon contributed a score of 13.90.

Freshman Kyle Banks was first up on the High Bar and as he started his routine he ripped clean through his leather hand grips. Needless to say he needed to find another grip fast and he was put to the end of the lineup. Freshman Spencer Smith was next up with a solid set that scored a career high 14.00.

Russell Dabritz posted another event winning score with a total of 14.20. Ellis Mannon and Sean Bauer added scores of 13.5 and 13.2 respectively. With a few missed releases Josh Wokurka and Ross Cameratta joined Spencer Smith with counting scores of 13.90 and 13.70 respectively.

The combined Team Score for the Gophers improved 11.50 points from last week's intrasquad for a total of 345.50.

UNIVERSITY OF MINNESOTA

The Gophers held two pre-season intrasquad meets with the first meets results being submitted too late for last weeks report. Those results are listed below:

UNIVERSITY OF NEBRASKA

The University of Nebraska had their annual intrasquad this past Thursday and Friday (Dec. 8th-9th). The Huskers are preparing for their first season in the Big Ten.

On Thursday they did the last 3 events starting with Vault.

Assistant Coach John Robinson submitted this report: "Vault went really well for us, everyone hit their vault. Of course some of the vaults need to be cleaned up but for the most part they were pretty clean. Every Vault competed this year was a 15.2 start value or higher, which is an improvement from recent years. Wyatt Baier won the event competing a Yurchenko 5/2 stretched scoring a 14.85.

Parallel Bars was our next event. We struggled a little here but got through. We have added a little difficulty on this event so it was the first chance for some of the guys to do the routines in a competition setting. CJ Schaaf won the event scoring a 14.05.

Continued next page



High Bar was the final event on Thursday, this event went a little better we just need to clean up some of our angles and get a little more endurance. This was another event we were excited to get our guys some experience in a competition setting. Micah Christensen won High Bar with a 14.05.

On the Second day we competed Floor, Pommel Horse, and Rings. Floor was a little rough for us, it was the first time our guys competed floor sets out in our arena and with no mats. Mark Ringle won Floor with a 14.8. We saw some good things out of our guys, we just need to build a little more endurance which is to be expected for this time of season.

The next event was Pommel Horse. Pommels went well for us. We didn't have all of our guys compete but out of the routines we had we only missed one. Wyatt Aycock won



AYCOCK

this Pommel. Our Horse squad is going to be strong for us this season.

Our final event was rings. We had a strong Ring day. CJ Schaaf won Rings with a 14.05. We didn't have Donovan Arndt in on rings so our squad will benefit from getting him back.

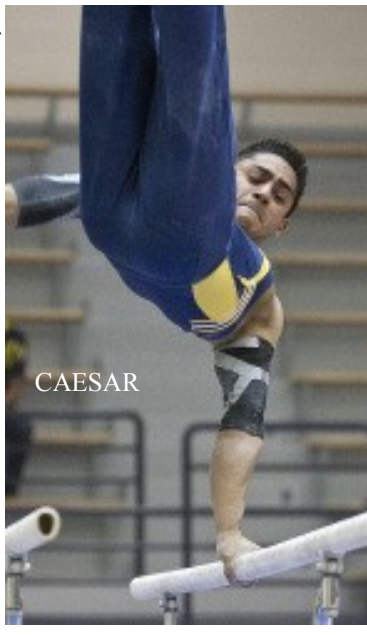
There were many bright spots during our intrasquad, we saw some mistakes but for this time of year we are doing good. We hit 65% of our routines. We still need to get quite a few guys back from injuries, including 2 All-Arounders from last season. Once we get some of our key guys back in the line up we will have a strong season!"

UNIVERSITY OF MICHIGAN

The No. 3-ranked University of Michigan men's gymnastics team began its 2012 season on Saturday (Dec. 10) in the program's traditional Maize & Blue Intrasquad meet, with Blue defeating Maize, 320.50-316.45, inside Cliff Keen Arena. Using the top four scores combined, UM came up with an unofficial NCAA Team score of 331.65.

Senior Syque Caesar claimed three event titles for Blue and sophomore Sam Mikulak

garnered a pair of event wins for Maize. Caesar won the floor exercise and parallel bars and tied for the vault crown with Mikulak, who captured the still rings and vault championships. Two blue team members



CAESAR

won the final two events – sophomore Michael Myler on the pommel horse and freshman Adrian de los Angeles on high bar.

Caesar's score of 14.55 earned the win for the Blue team on floor and was followed by teammate Myler, who took the pommel horse win with a 14.10, which was nearly a point better than second-place sophomore Dylan James, who scored a 13.15 for the Maize team.

Mikulak, the 2011 NCAA all-around champion, earned the first event win for the Maize squad, a 14.35 on the still rings. He then tied Caesar with a 14.70 on vault for first.

In parallel bar competition, Caesar's 15.00 was followed by de los Angeles, who in addition to taking runner-up on both rings (14.00) and vault (14.60), scored 14.50 for second.

On the high bar, de los Angeles earned a first-place crown (13.85) and was followed by junior and maize team member Rohan Sabastian and his second-place 13.65.

The top four scores overall were: FX: Syque Caesar-14.55, Stacey Ervin-14.35, Jordan Gaarenstroom-13.55, Kevin Fraser-13.45; PH: Michael Myler-14.10, Dylan James-13.15, Sam Mikulak-13.00, Mark Panhorse-13.00, Adrian de los Angeles-13.00; SR: Mikulak-14.35, Angeles-14.00, Alex Bubnov-13.80, Matt Freeman-13.60, Gaarenstroom-13.60; V: Caesar-14.70, Mikulak-14.70, Angeles-14.60, Vinny Sanchez-14.05; PB: Caesar-15.00, Angeles-14.50, Nick Hunter-13.20, Mikulak-13.20; HB: Angeles-13.85, Sebastian

-13.65, Freeman-13.00, Taylor Harrower-12.30.

The winner of the All Around was de los Angeles with a score of 82.50.

Top Scores this season (recorded in pre-season intrasquad meets)

Penn State	349.10
Ohio State	346.40
Minnesota	345.50
Ill-Chicago	333.60
Michigan	331.65
Navy	326.60
Air Force	320.90
William/Mary	319.00
Army	312.00